



Lycoming County Update

Winter 2010

Special Olympics

P.O. Box 265 Montoursville, PA 17754

323-0145 <http://www.lycoming.org/sopalc/>

Management Team

County Manager

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**Do you know anyone who would like be involved in Special Olympics?
We're always looking for athletes, coaches, and volunteers.**

**DON'T MISS OUR
PANCAKE &
SAUSAGE DINNER
SAT. FEB. 20TH 6PM
AT
OUR LADY OF LOURDES
CHURCH
CALL CATHY HESS FOR
MORE INFO:**

REMEMBER: Special Olympics for Lycoming County holds open Meetings are held every 3rd Thursday of the month at 7PM at the Williamsport Hospital Conference Room 1B (rear of cafeteria)

2010 Sports Training Schedule & Contacts

Aquatics- Individual Skills

Starting Monday Feb 8th 6:30 @ YMCA

Contact: Cathy Hess 322-1241

Aquatics- Advanced

Starting Thursday Feb 18th 6:30 @ Williamsport High School

Contact: Beth Fischer 326-6053

Athletics

Starting Sunday March 7th @ YMCA

Contact: Lester Loner 322-1577

Basketball

Starting Monday March 1st @ First United Methodist Church

Contact: Dr Keenan 322-8558

Bocce

Sundays 3:00-4:30 @ Sons of Italy

Contact: Sally Steinbacher 368-3431

Bowling

Contact: Luci Bromberg: 435-2438

Cross Country Skiing

Mondays & Wednesdays 6:00-7:30 YMCA

Contact: Lester Loner 322-1577

Equestrian

Starting Saturday Jan. 30th @ Sunnybrook Meadows

Contact: Sue Garzynski 998-2847

Floor Hockey

Fridays 5:30-6:30 YMCA Arena

Contact: Glenn Moon 322-2687

Golf

Starting Tuesday April 27th 5:30 @ Route 87 Driving Range

Contact: Luci Bromberg 435-2438

Long Distance Running/Walking

Contact: Lester Loner 322-1577

Snowshoeing

Mondays & Wednesdays 6:00 to 7:30 YMCA

Contact: Ginny Boyles 435-0327

Soccer

Contact: Glenn Moon 322-2687

Volleyball

Contact: Ann Koon 398-7270

